

Bring with you:

- NRIC (Malaysians); Work Permit, Employee Pass, Passport (International citizens)
- Previous medical records, recent mammogram films and laboratory reports
- Current medications (if applicable)



Fast 8 hours before the day of health screening



Drinking plain water is only permissible



Do not take your morning dosage of medication (if applicable) on the day of health screening. Do bring along your medication.



For Treadmill Exercise:

- Please bring your jogging attire e.g. shoes
- · Inform our staff if you have pre-existing heart problem

For Pap Smear:

- The ideal period to perform your Pap Smear is between 5 to 10 days after the first day of your last menstrual
- · Do not use vaginal douche or pessary less than 24 hours before Pap Smear
- Do not sexual intercourse 24 hours before Pap Smear

For Mammogram:

- Schedule an appointment 5 to 10 days after your menstruation
- Do Not apply deodorant, powder or lotion over breasts and armpit on the day of the examination
- · Wear a 2 piece outfit for convenience such as a blouse with a skirt or pants for undressing ease



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KPJ KLANG

SPECIALIST HOSPITAL





HEALTH **SCREENING PACKAGES**

Keeping our health in check is vital regardless of age or time. Changes in bowel habit, constant tiredness, and sudden weight loss are among the many signs our body expresses itself. As such, listening to our body and taking steps to understand it with necessary health screening might sometimes be useful.

Our Health Screening Centre provides extensive healthcare in an environment focused on safety and timeliness to accommodate our local and international patients. We believe in maintaining a healthy lifestyle and putting prevention into practice.

Counselling is provided during the initial assessment to guide you towards wellness. Our Health Screening Doctor and dedicated professionals will handle your preventive healthcare requirements confidentially.

ESSENTIAL

> Basic screening Height, Weight. Blood pressure, BMI. Visual Activity, Colour Vision

> Blood & Urine Test

- Full Blood Count (FBC)
- Erythrocyte Sedimention Rate (ESR)
- Kidney Profile
- · Lipid Profile
- Fasting Blood Sugar (Glucose)
- ·Liver function test (LFT)
- · Syphilis (VDRL)
- •Urine FEME
- > FCG
- > Chest X-Ray
- > Consultation

Physical examination & explanation by Health Screening

COMPREHENSIVE

> Basic screening Height, Weight, Blood pressure, BMI, Visual Activity, Colour Vision

> Blood & Urine Test

- Full Blood Count (FBC)
- Blood Group
- •Full Blood Picture
- Erythrocyte Sedimention Rate (ESR)
- Kidney Profile
- ·Lipid Profile
- Fasting Blood Sugar (Glucose)
- ·Liver function test (LFT)
- •Thyroid Profile
- Rheumatoid Factor
- . Calcium, Phosporus (Bone Mineral Studies)
- *Hepatitis B Screening
- · Syphilis (VDRL)
- •Urine FEME
- > ECG
- > Chest X-Ray

Doctor

- > Ultrasound Abdomen & Pelvis
- ➤ Consultation Physical examination & explanation by Health Screening

PREMIUM

- > Basic screening Height, Weight. Blood pressure, BMI, Visual Activity, Colour Vision
- Blood & Urine Test
- ·Blood Group
- •Full Blood Picture
- Kidney Profile
- · Lipid Profile
- Fasting Blood Sugar (Glucose)
- ·Liver function test (LFT)
- Mineral Studies)

- > Chest X-Ray
- > Ultrasound Abdomen & Pelvis
- > Stress Test with report by Cardiologist

Physical examination

788

- Full Blood Count (FBC)
- Erythrocyte Sedimention Rate (ESR)

- •Thyroid Profile
- •Rheumatoid Factor
- . Calcium, Phosporus (Bone
- *Hepatitis B Screening
- *Syphilis (VDRL)
- •Urine FFMF
- > ECG

Love Weepl

- > Consultation

& explanation by Health Screening Doctor

*ADDITIONAL TEST *Terms & Conditions Apply

TUMOR MARKER

Female- CA 125 (Ovarian)	RM30
- CA 15-3 (Breast)	RM30
Male- PSA (Prostate Specific Antigen)	RM 30
AFP (Liver)	
CEA	RM30
CA 199 (Stomach, Pancreas,	
Colon-Rectal	RM30

HEPATITIS SCREENING

 Hepatitis A (HAV) 	RM47
Hepatitis B Screen	
(Hbs Ag / Hbs Ab)	RM30
• Hepatitis C (HCV)	RM57

DIABETIC

· HbA1	cRM3	5
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GASTRO

· H. Pylori Ab	(Quantitative)RM65
	TestRM200

INFECTIOUS DISEASE

• HIV	RM.	3	(
•TPHA	RM.	3	

THYROID PROFILE

 TSH (Thyroid Stimulating 	
Hormone)	RM35
•FT3 (Free Triiodothyronine 3	
Test)	RM35
•FT4 (Free Thyroxine 4 Test)	RM35

HAEMATOLOGY

 Blood Group (ABO & RH)RM2 	27
Blood Film Morphology	
CommentRM	27

ARTHRITIS SCREENING

 Rheumatoid 	Factor	RM3	(
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RADIOLOGY

Female- Mammogram (>40)RM120
- Ultrasound BreastRM120
Female/Male-
Ultrasound PelvisRM120
Female/Male-
Ultrasound AbdomenRM120

SPECIAL DIAGNOSTIC

• Stress lest	RM34
• Lung Function Test	RM61
*Pure Tone Audiometry	RM66

FEMALE SCREENING

	Smear	
· Pap	Smear + HPV	RM20

DIETITIAN

Complimentary Counselling... Until Further Notice

