

## LIVING WELL

HEALTH SCREENING

Care for Life

### HEALTH SCREENING PACKAGES

Keeping our health in check is vital regardless of age or time. Changes in bowel habit, constant tiredness, and sudden weight loss are among the many signs our body expresses itself. As such, listening to our body and taking steps to understand it with necessary health screening might sometimes be useful.

Our Health Screening Centre provides extensive healthcare in an environment focused on safety and timeliness to accommodate our local and international patients. We believe in maintaining a healthy lifestyle and putting prevention into practice.

Counselling is provided during the initial assessment to guide you towards wellness. Our Health Screening Doctor and dedicated professionals will handle your preventive healthcare requirements confidentially.

#### **ESSENTIAL**

> Basic screening
Height, Weight,
Blood pressure, BMI,
Visual Activity, Colour Vision

- > Blood & Urine Test
- Full Blood Count (FBC)
- Erythrocyte Sedimention Rate (ESR)
- Kidney Profile
- Lipid Profile
- Fasting Blood Sugar (Glucose)
- Liver function test (LFT)
- Syphilis (VDRL)
- Urine FEME
- > ECG
- > Chest X-Ray
- Consultation
   Physical examination
   & explanation by Health Screening
   Doctor



#### COMPREHENSIVE

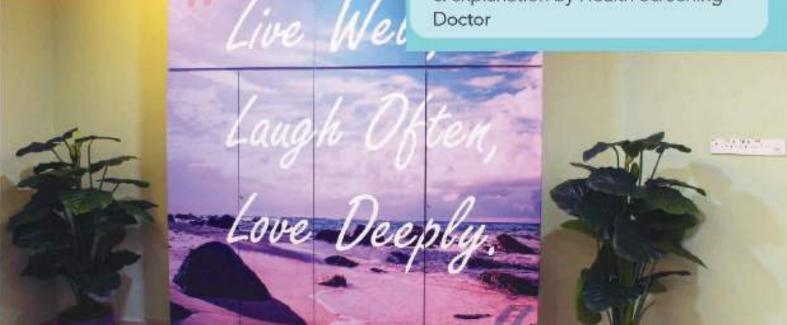
> Basic screening Height, Weight, Blood pressure, BMI, Visual Activity, Colour Vision

- > Blood & Urine Test
  - Full Blood Count (FBC)
  - Blood Group
  - Full Blood Picture
  - Erythrocyte Sedimention Rate (ESR)
  - Kidney Profile
  - Lipid Profile
  - Fasting Blood Sugar (Glucose)
  - Liver function test (LFT)
  - Thyroid Profile
  - Rheumatoid Factor
  - · Calcium, Phosporus (Bone Mineral Studies)
  - Hepatitis B Screening
  - Syphilis (VDRL)
  - Urine FEME
- > ECG
- Chest X-Ray
- Ultrasound Abdomen & Pelvis
- Consultation Physical examination & explanation by Health Screening Doctor

#### **PREMIUM**

**788** > Basic screening Height, Weight, Blood pressure, BMI, Visual Activity, Colour Vision

- Blood & Urine Test
  - Full Blood Count (FBC)
- Blood Group
- Full Blood Picture
- Erythrocyte Sedimention Rate (ESR)
- Kidney Profile
- ·Lipid Profile
- Fasting Blood Sugar (Glucose)
- Liver function test (LFT)
- Thyroid Profile
- Rheumatoid Factor
- ·Calcium, Phosporus (Bone Mineral Studies)
- Hepatitis B Screening
- Syphilis (VDRL)
- Urine FEME
- > ECG
- Chest X-Ray
- Ultrasound Abdomen & Pelvis
- Stress Test with report by Cardiologist
- Consultation Physical examination & explanation by Health Screening Doctor



# \*ADDITIONAL TEST (+) \*Terms & Conditions Apply

TUMOR MARKER	HAEMATOLOGY
Female- CA 125 (Ovarian )RM30  - CA 15-3 (Breast)RM30  Male- PSA (Prostate Specific Antigen)RM30	Blood Group (ABO & RH)RM27  Blood Film Morphology  CommentRM27
• AFP (Liver)RM30	ARTHRITIS SCREENING
• CEARM30 • CA 199 (Stomach, Pancreas, Colon-RectalRM30	• Rheumatoid FactorRM30
	RADIOLOGY
• Hepatitis A (HAV)	Female- Mammogram (>40)RM120     - Ultrasound BreastRM120     Female/Male-     Ultrasound PelvisRM120     Female/Male-     Ultrasound AbdomenRM120
•HbA1cRM35	SPECIAL DIAGNOSTIC
•H. Pylori Ab (Quantitative)RM65	Stress Test
Urea Breath TestRM200	FEMALE SCREENING
INFECTIOUS DISEASE	• Pap SmearRM80
• HIV	• Pap Smear + HPVRM200
	DIETITIAN
THYROID PROFILE	Diet CounsellingRM40
TSH (Thyroid Stimulating Hormone)RM35  FT3 (Free Triiodothyronine 3	

Test).....RM35

• FT4 (Free Thyroxine 4 Test).....RM35

#### Bring with you:

- NRIC (Malaysians); Work Permit, Employee Pass, Passport (International citizens)
- Previous medical records, recent mammogram films and laboratory reports
- Current medications (if applicable)



Fast 8 hours before the day of health screening



Drinking plain water is only permissible



Do not take your morning dosage of medication (if applicable) on the day of health screening. Do bring along your medication.



Light refreshment will be provided

#### For Treadmill Exercise:

- Please bring your jogging attire e.g. shoes
- Inform our staff if you have pre-existing heart problem

#### For Pap Smear:

- The ideal period to perform your Pap Smear is between 5 to 10 days after the first day of your last menstrual
- Do not use vaginal douche or pessary less than 24 hours before Pap Smear
- Do not sexual intercourse 24 hours before Pap Smear

#### For Mammogram:

- Schedule an appointment 5 to 10 days after your menstruation
- Do Not apply deodorant, powder or lotion over breasts and armpit on the day
  of the examination
- Wear a 2 piece outfit for convenience such as a blouse with a skirt or pants for undressing ease



#### **KPJ KLANG SPECIALIST HOSPITAL**

No. 102, Persiaran Rajawali/KU 1 Bandar Baru Klang, 41150 Klang, Selangor Darul Ehsan

- 03 3377 7826, 03 3377 7888
- **a** 03 3377 7800
- www.kpjklang.com
- F KPJ KLANG Specialist Hospital
- @kpjklanghospital\_